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Peppermint Chocolate Dream Recipe

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Photo: Truwhip

Serves 12

Ingredients

- 1 1/2 cup Truwhip
- 1/2 tsp. peppermint extract
- 1/4 bar semisweet chocolate
- A few hard peppermint candies

Directions

Using a whisk, mix peppermint extract into the Truwhip. Garnish with crushed semisweet chocolate pieces and hard peppermint candies.

Dip and enjoy with chocolate cookies.

Per serving:
Calories: 46
Fat: 2.7 g

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