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TruWhip Frozen Raspberry Lemonade Bars + Giveaway

September 13, 2013 · by [burntapple](#) · [Leave a Comment](#)

An easy dessert made with frozen raspberry lemonade and TruWhip natural cool whip. You won't want the warm weather to slip by without trying this simple dessert that requires no baking!



When I made this recipe, the weather was 90 degrees, warm and sunny. By the time the recipe froze and the basketball game started it was 65 degrees. The weather in September is unpredictable and uncertain, but frozen desserts are still totally okay in my book.

This recipe is a wonderful no bake dessert made with raspberry lemonade and a salty pretzel crust. TruWhip natural topping adds the creaminess to the recipe.

What is TruWhip? If you like Cool Whip than you will love this natural alternative. It has no corn syrup, artificial flavors or preservatives, and contains no hydrogenated oils. It's a little more expensive than buying a container of Cool Whip, but often it goes on sale. The [TruWhip website](#) also contains money saving coupons which help when you pair it with a sale.

If you are looking for a refreshing treat, look no further than these Frozen Raspberry Lemonade Bars.

About Me

Anyone can cook, right? I'm a mom of three, a wife, and a jogger who can turn anything into a healthy great tasting meal. Almost. Come join me in my kitchen as I use simple and easy, healthy budget friendly ingredients to transform what you eat. Just excuse me if I give in to salted caramel, chocolate or biscoff from time to time.

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And since it's September and the kids are back in school we are giving away a container of TruWhip, a red and black polka dot apron, and other fun goodies to get fall dessert season started out right! Click the button below to enter:



Homemade Sweetened Condensed Milk

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TruWhip Frozen Raspberry Lemonade Bars + Giveaway

Rating:

Prep Time: 10 minutes

Total Time: 4 hours

Yield: 9 squares

Serving Size: 1 square

Ingredients

For the Crust:

- 2 cups broken pretzels (about 4 oz)--use whole grain or gluten free
- 1/4 cup sugar or coconut sugar
- 1/2 cup butter or margarine, melted
-

For the Filling:

- 1 12 oz can raspberry lemonade concentrate, thawed
- 1 14 oz can sweetened condensed milk or 1 3/4 cup homemade sweetened condensed milk
- 1 8 oz container TruWhip topping, thawed
-

Instructions

1. In a blender, place the pretzels. Pulse blend until coarse. Stir in the sugar and butter



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and pulse grind until blended.

2. Press approximately half of the crust evenly into a lightly greased 8x8 inch pan.
3. In a mixing bowl, whisk together the lemonade concentrate, sweetened condensed milk and TruWhip until smooth. Pour the mixture over the top of the crust.
4. Sprinkle a thin layer of pretzel mixture evenly over the top of the raspberry mixture. (You may have some pretzel mixture leftover).
5. Cover and freeze mixture for several hours. Cut into slices and serve garnished with fresh raspberries.

Notes

* Heavenly Organics and Santini both sell organic sweetened condensed milk in cans. *
 You can find our homemade sweetened condensed milk recipe here:
<http://burntapple.com/2011/09/30/vegan-sweetened-condensed-milk/>

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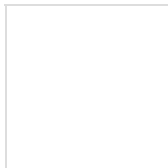
Giveaway sponsored by TruWhip and BurntApple. I was compensated by TruWhip with free product, however my opinions and recipe are my own.

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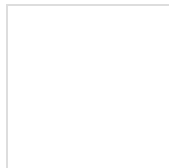
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