

Living

A cooler whip

We have a soft spot for nondairy whipped topping, even though it's made with chemicals we can barely pronounce. But TruWhip whipped topping is all natural—it doesn't even contain high-fructose corn syrup. It delivers that satisfying taste with no chemicals, all for 30 calories. Grab a spoon! \$2.49. netgrocer.com.



Home

A few new things to

Bring the outside in

What could be easier than shopping for home decor from your couch? Tune in to QVC and check out the affordable new line created by interior designer Tracy Hutson from *Extreme Makeover: Home Edition*. Then look around your room and see what you need! We love the nods to nature in her floral pillows (only \$40 for the pair, below), driftwood-framed mirror, and leaf-shaped napkin rings. qvc.com.



GET GORGEOUS HAIR! Easy how-to's for the style you want

REDBOOK

The one-step secret to **HOTTER SEX**

So easy you could do it every day

Trisha Yearwood

on her country life with Garth—plus exclusive family recipes



CLEAR THE CLUTTER

Your messiest dilemmas solved



Special

FREE STUFF

Issue

Enter to **WIN!** 1,767 giveaways!
Vacations, diamonds,
washer/dryers, laptops,
+ \$250,000 in cash!



3 lucky readers will each win Giada's Cast Iron Panini Grill Pan and Press, 6-Quart Stainless Steel Covered Stockpot, Pasta Scoop, Slotted Turner, Stainless Steel Ladle, and a sampling of her new food products. Value of set, \$506. Enter at redbookmag.com/winit. See page 225 for details.