



VEGAN FRANKEN-SMOOTHIE

SERVES: 1 **READY IN:** 10 **PREP TIME:** 8 **COOK TIME:** 2:00

INGREDIENTS

- ½ cup non-dairy milk
- 1 cup truwhip Vegan + additional for garnish
- 1 banana
- ¾ cup peanut butter
- ¾ cup kale
- ¾ cup spinach
- ½ cup ice cubes

DIRECTIONS

1. In a blender, add all ingredients together and blend until smooth.
2. Pour into glass, top with truwhip Vegan and enjoy!