



truwhip

Yogurt Fruit Bites

Serves: 12 | Prep Time: 25 min



Directions

1. Add all the granola ingredients in a food processor and lightly pulse ingredients until combined.
2. In a square silicone pan, or a cupcake pan add cooking spray and divide 1 tablespoon of granola mixture into the bottom of each silicone cup. Press down mixture with the back of the spoon until smooth.
3. In a medium bowl, add the vanilla nondairy yogurt and Truwhip Vegan Whipped Topping. Combine ingredients, then use a fork to mash fruit into yogurt until mixed in.
It's ok to have a few small chunks of fruit.
4. Use a cookie scooper to add 2 tablespoons of the fruit mixture into each silicone section. Make sure to create an even layer, then tap the pan to smooth out each layer.
5. Press about 1 tablespoon of blueberries and chopped strawberries into the tops of each cup.
6. Sprinkle 1 teaspoon of granola over fruit.
7. Place in the freezer to chill overnight. Remove cups and enjoy!

Ingredients

Granola Ingredients:

1 1/2 cups of granola, chopped
1-2 tablespoons of agave syrup
2 heaped tablespoons of creamy peanut butter

Filling:

1/2 cup of Truwhip Vegan Whipped Topping
1/2 cup of nondairy vanilla yogurt
1/2 cup of fresh strawberries, diced
1/4 cup of blueberries

Topping:

1/4 cup of granola, crumbled
1/4 cup of strawberries, diced
1/4 cup of blueberries